



# WUDANG TAI CHI for Adults

**Facilitator: Dr Xingmai Jiang**

Come and join us to learn Wudang Tai Chi (Taijiquan) for adults with Dr Xingmai Jiang. All levels are welcome.

## **DATES IN 2018**

17 August

5 October

9 November

16 November

14 September

12 October

7 December

21 September

19 October

14 December

**Time** 10am to 12 noon

**Venue** Rockdale Library  
444-446 Princes Highway

Free activities. Bookings essential at  
[www.baysidelibrary.eventbrite.com](http://www.baysidelibrary.eventbrite.com)

For enquiries, please call Rockdale Library on  
9562 1821 or email [enquiry@bayside.nsw.gov.au](mailto:enquiry@bayside.nsw.gov.au)